



## Lifelong Landscape Design

*Hugh Dargan, Mary Palmer Dargan*

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## **Lifelong Landscape Design** Hugh Dargan, Mary Palmer Dargan

“A holistic approach to enhancing health and longevity through the creation of outdoor spaces.” ?Mary Palmer Dargan, ASLA

Lifelong landscape design means thinking about more than your garden. It involves encouraging your community to be a well-rooted environment consisting of friends who share home-grown produce, walk in the neighborhood, recycle, water harvest, compost and are watchful of each other’s well-being.

Lifelong landscape designs create environments that connect with nature, encompass a home, and promote healthy living by providing mobility, social interaction, and places to sustain the body and soul. Learn easy steps to design your own lifelong landscape through more than 200 landscape patterns and activities that illustrate components of healthy living. Enhance the quality of your life at any stage with practical advice from this inspirational landscape architect with more than 30 years experience.

Mary Palmer Dargan is a nationally known principal in the Atlanta-based firm of Dargan Landscape Architects. Her projects have been published in many national publications and on Home and Garden Television (HGTV). She is a member of the American Society of Landscape Architects.



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