



Sheeba's Secret: A Formula for More Success Through Greater Self-Awareness

Sheeba Varghese

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Who is she? Sheeba Varghese. What's her secret? *That ultimately all success flows from greater self-awareness.*

Sheeba's Secret equips readers to benefit richly from life's pitfalls, pratfalls, and problems. An eye-opening journey into the world of human potential guided by a brave and honest woman.

JIM CUDDY, Lead Singer, Blue Rodeo

Engaging and captivating – a truly impressive book that will rattle personal and business conventions and inspire readers to take a more meaningful and productive journey.

DONALD J.P. ZIRALDO, O.C., Co-founder of Inniskillin Wines

If you are driven, talented, and determined to succeed, *Sheeba's Secret* is an immediate must-read.

RON FOXCROFT, Founder and CEO, Fox 40 International

Sheeba Varghese is a whirlwind of activity—an entrepreneur, single mom, and first-generation Indo-Canadian who has made it to the top of her field as an executive coach. In the past ten years she has reshaped the concept of executive coaching, grown her company Forward Focus Inc., and launched the Internet show More Focus TV. She was featured on the cover of *Biz* magazine for her role on the Prime Minister's Task Force on Women Entrepreneurs and was a nominee in the *Caldwell/Globe and Mail* annual Top 40 Under Top 40 list.

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