



Pasta and Noodles: A Global History (Edible)

Kantha Shelke

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Pasta is so ubiquitous and popular that many nations claim the invention as their own. It is a common cultural experience that has become a staple food for a great many people around the world.

Join Kantha Shelke's quest for the origins of pasta, as she takes you on a delicious culinary journey across five continents and through distant lands. She traces the evolution and scientific curiosities of this highly adaptable foodstuff, from roadside noodle snack vendors in Singapore and traditional pasta companies in Parma, Italy, to a state-of the art noodle manufacturer in Japan, and pasta makers in Brazil, Mexico and the United States of America. The culinary quest continues in your own kitchen, as the book presents iconic recipes to try at home.

Just when you thought you knew everything about the humble noodle, Pasta and Noodles reveals little known facts, tasty titbits and cultural lore from the culinary and cultural history of pasta.

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