



# Moving and Learning: The Elementary School Physical Education Experience

*Beverly Nichols*

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**Moving and Learning: The Elementary School Physical Education Experience** Beverly Nichols

The third edition of Moving and Learning continues to provide a comprehensive approach to activities and sports for elementary-aged children by introducing basic principles of movement education. The material reflects today's interest in cooperative educational methods and multi-ethnic concerns. Designed for both elementary education and physical education majors, this text provides timely information concerning movement education.



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