



# Green Cleaning: Nontoxic Homemade Cleaning Recipes

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## Green Cleaning - Nontoxic Homemade Cleaning Recipes

**Looking for a cost-effective way to clean your home and help protect your family's health while being environmentally conscious?**

According to the EPA, indoor pollution levels are often up to 5-times higher than the levels outdoors. The supposedly safe and readily available cleaners actually contribute to an increase in indoor pollutants. The sad fact is that most commercial cleaners are chalk full of potentially harmful ingredients that can pose a risk to your health and overall well-being.

**Discover out how to make organic and all-natural cleaners that are safer to use. Making your own homemade cleaners guarantees that you know exactly what ingredients you are using in your home!**

Also, you'll discover.. The Basic Ingredient List for Homemade Cleaners How to Store Homemade Cleaners Tips for Family Safety of Home Cleaners And much more!

## Table of Contents

Introduction Choosing to forgo those expensive and chemically-filled commercial cleaners that are sitting under your kitchen sink is a great way to not only save money, but to also help protect your family's health while being environmentally conscious.

### Chapter 1 – Basic Ingredient List

While there are a wide array of items you can use to clean your home without harsh chemicals, the following list include the most commonly used ingredients for homemade and non-toxic cleaners.

### Chapter 2 – Storing Homemade Cleaners

Even though homemade cleaners are typically safe and non-toxic, they still must be stored properly in a clean container that is labelled with the contents.

### Chapter 3 – Cleaners for the Kitchen

Different ingredients and steps on how to make cleaners for the kitchen

### Chapter 4 – Cleaners for the Bathroom

Different ingredients and steps on how to make cleaners for the bathroom

## **Chapter 5 – Carpet & Upholstery Cleaners**

Different ingredients and steps on how to make carpet & upholstery cleaners

## **Chapter 6 – Homemade Mold Killers**

Different ingredients and steps on how to make homemade mold killers

## **Chapter 7– Homemade Laundry Cleaners**

Different ingredients and steps on how to make homemade laundry cleaners

## **Chapter 8– Other Homemade Cleaners**

Different ingredients and steps on how to make other homemade cleaners

## **Conclusion**

While these cleaners are generally considered safe and non-toxic, you still should use them with care. This includes keeping all cleaners, no matter how safe or toxic the ingredients are, out of reach from children and pets.



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