



Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Mythical Illustrations, Ladybug)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.



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Glenn Hancock:

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Ruth Ford:

Spent a free time for you to be fun activity to complete! A lot of people spent their sparetime with their family, or their friends. Usually they carrying out activity like watching television, gonna beach, or picnic inside park. They actually doing same every week. Do you feel it? Would you like to something different to fill your personal free time/ holiday? May be reading a book may be option to fill your free time/ holiday. The first thing you ask may be what kinds of book that you should read. If you want to try look for book, may be the e-book untitled Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Mythical Illustrations, Ladybug) can be very good book to read. May be it might be best activity to you.

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