



Roots, Fruits, Shoots and Leaves: A Guide to Shopping at Chinese Fresh Food Markets

Pam Shookman

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Have you ever wondered about that wacky-looking fruit staring back at you in the market? Or did you want to know how to prepare a seasonal Chinese vegetable, but don't have the language or culinary skills? This pocket-sized guidebook to fresh produce – with photographs, pronunciation guides, Chinese characters and advice on cooking – will help tourists, foodies and adventurous shoppers navigate the colorful markets of China, Hong Kong and Chinatowns around the world.

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