



Theatre of the Mind: Raising the Curtain on Consciousness

Jay Ingram

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Can we be conscious of our consciousness? What does consciousness feel like? Is it really a stream of steadily flowing thoughts, images and feelings, or something else altogether? What happens in those lapses during highway driving, in which you have no memory of the last 10 kilometres? How is it that most of what goes on in our brains is actually *unconscious*? And, in the end, do we even *need* our brain?

Jay Ingram, renowned science broadcaster and bestselling author, takes us on his most challenging and controversial journey yet—a look at the state of consciousness. Mixing science, philosophy, history and pop culture, Ingram transforms grey matter into a brilliantly hued, completely understandable exploration of what's really going on in our conscious and unconscious minds.

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