



# Interior Planting: A Guide to Plantscapes in Work and Leisure Places

*Lynne Lockwood Seignot*

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## **Interior Planting: A Guide to Plantscapes in Work and Leisure Places** Lynne Lockwood Seignot

The visual and psychological benefits of greening work and leisure spaces with plants are well-proven, but which plants should you choose, how should they be planted and what maintenance is required? This practical guide, designed primarily for architects, interior designers and landscape professionals, takes the reader through the history and background of interior planting with the help of historical and contemporary examples, many of which are illustrated. The author shows how work, leisure and public spaces, including buildings such as schools, offices and hotels, have been enhanced with planting schemes, and explains the benefits that justify their installation. The book provides practical recommendations for lighting and watering systems, temperature levels and other environmental requirements, such as growing media and structural support, as well as advice on long-term maintenance. Guidance on selecting and specifying plants is followed by an illustrated plant index showing species' form, scale and textural effect, and other information. The illustrations show how planting schemes integrate with overall design concepts.

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