



The Essence of Trading Psychology In One Skill

Yvan Byeajee

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Do you:

- * Freeze right when you're supposed to take a signal?
- * Consistently risk more than you should on your trades?
- * Prematurely exit good trades and hang on to bad ones?
- * Beat yourself up after a losing trade?
- * Compare your results to others?

As any real trader who trades for a living will attest, these are recurring behaviors that can be difficult to eradicate. And the reason is rather simple: the pressure -- to perform, to sustain a living, to pay the bills -- engineers anxiety, stress, and other limiting states of the mind which precisely affects behavior, and makes trading consistently a battle that is difficult to win.

For a very long time, **I have struggled with those too**, but the more I learned about myself, the more I realized that all these problems have the same origin at their core -- **and they're solvable!**

I am incredibly excited to put this book into your hands! I have been trading for a living since 2006 and I went through multiple failures in the markets. **I will show you how I am now able to sustain consistency in my behavior and my results** -- it's not as hard as you may think!

The essence of trading psychology in one skill is a concise and practical guide to change, and at its core is **one simple concept** which you can start to apply right away.

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Thomas Moore:

People live in this new day time of lifestyle always try to and must have the time or they will get great deal of stress from both way of life and work. So , whenever we ask do people have extra time, we will say absolutely indeed. People is human not a robot. Then we request again, what kind of activity are you experiencing when the spare time coming to a person of course your answer will probably unlimited right. Then do you ever try this one, reading books. It can be your alternative throughout spending your spare time, often the book you have read is The Essence of Trading Psychology In One Skill.

John Casteel:

Playing with family in a park, coming to see the coastal world or hanging out with buddies is thing that usually you might have done when you have spare time, in that case why you don't try issue that really opposite from that. 1 activity that make you not sense tired but still relaxing, trilling like on roller coaster you already been ride on and with addition associated with. Even you love The Essence of Trading Psychology In One Skill, you are able to enjoy both. It is good combination right, you still need to miss it? What kind of hang-out type is it? Oh seriously its mind hangout fellas. What? Still don't obtain it, oh come on its identified as reading friends.

Edward Orr:

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Mary Otter:

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