



## Positive Coaching: Building Character and Self-Esteem Through Youth Sports

*Jim Thompson*

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# **Positive Coaching: Building Character and Self-Esteem Through Youth Sports**

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Positive Coaching is jam packed with information for coaches in any sport. The book includes over 200 coaching recommendations on specific psychological, motivational, and behavioral situations. There is a special focus on the coach as storyteller -- 50 motivational stories can be used to develop strong communication with athletes.

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