



Handbook of Post-Traumatic Therapy:

John F. Sommer, Marybeth Williams

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This handbook provides both a conceptual and practical framework for diagnosing, treating, and assessing post-traumatic stress in survivors of violence, abuse, war, ethnocultural problems, political torture, and disaster. The in-depth clinical experience of Williams and Sommer helps define a variety of theories and methods for treating children, adults, families, and other groups with various types of post-traumatic stress disorders. They point to specific new kinds of therapies and types of interventions, and discuss new developments and trends for the treatment of post-traumatic stress. This reference volume, with its lengthy bibliography, is designed for students, teachers, and practitioners in the fields of psychology and psychiatry, social work, medicine, and public health.

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