



Bridges for Healing : Integrating Family Therapy and Psychopharmacology

Roy Resnikoff

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This book promotes the careful use of psychopharmacology together with family therapy. Previous books have emphasized pharmacology for specific illnesses such as bipolar illness with a family focused approach and, on the other hand, medications to improve communication and expressiveness. This book integrates both approaches and illustrates that within each family there is usually one family member that demonstrates an instrumental medical model outlook and another family member that has more of an expressive-relational, humanistic outlook.



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