



# **Facilitating Developmental Attachment: The Road to Emotional Recovery and Behavioral Change in Foster and Adopted Children**

*Daniel A. Hughes*

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This book shows how to work successfully with emotional and behavioral problems rooted in deficient early attachments. In particular, it addresses the emotional difficulties of many of the foster and adopted children living in our country who are unable to form secure attachments. Traditional interventions, which do not teach parents how to successfully engage the child, frequently do not provide the means by which the seriously damaged child can form the secure attachment that underlies behavioral change. Dr. Daniel Hughes maps out a treatment plan designed to help the child begin to experience and accept, from both the therapist and the parents, affective attunement that he or she should have received in the first few years of life. Hughes' approach includes:

?Using foster and adopted parents as co-therapists

?Teaching differentiation between old and new parents

?Overcoming the perception of discipline as abusive

?Framing misbehavior, discipline, conflicts, and parental authority as important aspects of a child's learning to trust.

All children, at the core of their beings, need to be attached to someone who considers them to be very special and who is committed to providing for their ongoing care. Children who lose their birth parents desperately need such a relationship if they are to heal and grow. This book shows therapists how to facilitate this crucial bond.

*A Jason Aronson Book*



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