



# Complementary Therapies for Healthcare Providers

*Merrily A. Kuhn, Kuhn*

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## **Complementary Therapies for Healthcare Providers** Merrily A. Kuhn, Kuhn

This handbook discusses a wide range of complementary therapies, explaining what they are and how they work, and assessing their pros and cons as outlined in the current literature. Insightful discussions inform healthcare providers of the attendant risks and required training for each therapy. Core content addresses Chinese, Ayurvedic, and Western philosophies of healthcare including specific coverage of herbal therapies, nutritional factors, mind/body control, acupuncture, and more. Includes a bibliography, resource list, and Internet addresses useful for further investigation

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