



The Art of Boxing: A Self-Instruction Book

Tom Lotta

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Tom Lotta was army lightweight champion 1944-1945. Tom fought 48 times, losing twice on decisions. One of those losses was to Joe Brown who later became the undisputed lightweight champion of the world. Tom wrote this book to introduce basic boxing skills that are concise enough and simple enough for youngsters. This book is also the official instruction manual for the Canadian Boxing Hall of Fame.



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