



Simply . . . Gluten-free Desserts: 150 Delicious Recipes for Cupcakes, Cookies, Pies, and More Old and New Favorites

Carol Kicinski

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This book's philosophy is simple?anyone can make great food that is naturally gluten-free. While there are gluten-free products out there that try to substitute for glutenized food, *Simply...Gluten-Free Desserts* gives cooks and bakers terrific new recipes for food that is naturally gluten-free, offering an amazing variety of choices for taste desserts and sweets.

Carol Kicinski also shows how easy it is to make your own gluten-free flours, and she includes many recipes that don't require wheat substitutions. This means that a lot of the recipes are not only gluten-free, but grain-free as well. Many of the desserts are also dairy- and even sugar-free--without ever sacrificing flavor.

Simply...Gluten-free Desserts celebrates the abundance of delicious recipes that can be made and enjoyed by anyone who is gluten intolerant. While at first living gluten-free can seem challenging, the results of good health, vigor, and energy can make the challenge highly rewarding. And with this book, a luten-free diet doesn't mean giving up on those delicious desserts.

Includes luscious recipes for:

- No-Bake Chocolate Truffle Cake
- Coconut Cupcakes
- Red Velvet Whoopie Pies
- Dairy-Free Cream Puffs
- Frozen Tiramisu

And much more!

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