



Fish Oil and Vascular Disease (Current Topics in Cardiovascular Diseases)

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Fish Oil and Vascular Disease covers the most relevant aspects of fish oil (n-3 polyunsaturated fatty acids) on vascular disease. The text includes background epidemiological information, nutritional aspects, effects on various biological functions, possibly mediating the effects on atherosclerosis and its clinical sequelae, and offers an extensive coverage of the effects upon blood pressure. The book is divided into three main sections. The first deals with the epidemiological and nutritional background of the n-3 PUFA and their relation to cardiovascular disease.

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