



Dressage with Kyra: The Kyra Kyrklund Training Method

Kyra Kyrklund, Jytte Lemkow

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This book is on the USDF Instructor Certification Recommended Reading List. Kyra Kyrklund is one of the world's most talented dressage riders, and in this updated and revised edition of her very successful book she explains the unique system of training that has brought her repeated success with numerous horses, from the lower levels to Grand Prix. Step-by-step she guides the rider through what she calls her basic "ABCs," revealing how she teaches horses to work hard, happily, while using the lightest aids possible. Throughout, she stresses the importance of an open and honest two-way communication between horse and rider—and above all else, a training system that is fair and enjoyable. Features three new chapters, including one on Kyrklund's famous horses, and many new photographs.



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