



Brain Damaged: Their Stories, My Journey

Lydia Winslow

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With humor, candor, and a bit of technical, medical insight into the world of SLP-speech and language pathology-Lydia Winslow presents a heartfelt, colorful memoir that introduces the reader to the fragility and resiliency of ordinary people made extraordinary by the way they've dealt with the personal tragedy of brain damage. Beginning first as a Broadway stage and lighting technician, followed by a gig at MCA records, Lydia Winslow's sometimes-meandering life path of learning and service eventually found her in the role of a speech-language pathologist. Her highly personal account delves deep into the fears, doubts, and triumphs embedded in the service of patient care. And in this collection of love stories, you'll meet the quirky patients who earn their passages through recovery from brain damage as they not only change themselves, but also change Lydia... ..at her very core. Covering the span of four decades, and recounting geographical moves from New York City, where she was schooled, to South Florida, where she was self-employed, to South Carolina, where she now resides, she recalls her experiences with a unique blending of humor, information, and both emotional and physical victories. This powerful interpretation provides a thoughtful insight into the professional life of SLPs and the important role these caretakers play in their patients' recoveries and self-esteem. Her memorable descriptions of those whose lives she's touched over the years have provided her with insight, invaluable learning, and unexpected, immense personal growth... ..ultimately uncovering a depth of humanity in herself and in the many amazing people she's treated.



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