



The Garrett Gomez Story: A Jockey's Journey Through Addiction & Salvation

Rudolph Alvarado, Garrett Gomez

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Before becoming one of the world's foremost jockeys, multiple-Eclipse award winner Garrett Gomez was an alcoholic and a drug addict. Throughout his career, he established himself as an up-and-coming jockey, but just as it seemed that the racing world was his for the taking, he threw it all away, and retreated to a life where alcohol and drugs dictated his every move. This year read the remarkable journey of a jockey who had it all, lost it all, and came back to win his life, his family and his career. Written by Dr. Tony Ryan Book Award winner Rudolph Alvarado with Garrett Gomez, this story of addiction and salvation will pull back the curtain on Gomez's life and allow people to look inside the life of a man, husband, father, jockey, and recovering addict who is still considered one of horse racing's premier jockeys.



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