



# Zinn and the Art of Mountain Bike Maintenance

*Lennard Zinn*

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## **Zinn and the Art of Mountain Bike Maintenance** Lennard Zinn

The most concise, well-organized, and clearly illustrated reference available, *Zinn and the Art of Mountain Bike Maintenance* gently guides the reader — regardless of mountain bike experience or mechanical prowess — through every aspect of maintenance, repair, and troubleshooting in a succinct and easy-to-read format and presents the latest technological advances and equipment in mountain bike components. Detailed diagrams and simple instructions explain everything from repairing a flat tire to building a wheel. The instructions are useful for anyone interested in mountain bikes, yet concise and complete enough to cover every state-of-the art technical concern facing today's mountain biker. This timely revision offers updated information on shock pump adaptors, master links, V-brakes, cleat mounting and pedal overhaul, oversize handlebars, carbon steering tubes, tubeless rims, and much more. Repairs are rated for degree of difficulty while line drawings illustrate how parts fit together and show the tools needed to keep bikes in top shape and pedaling smoothly both on and off the trail.

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