



Patterns, Fractals, and Mental Health

Richard Bennett

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Patterns, Fractals, and Mental Health will capture your interest with its contextual analysis of the mental health delivery system. The situation is far beyond a crisis. Bennett proclaims it D.O.A. Managed care, the Diagnostic and Statistical Manual, and psychological assessments, like the MMPI, contributed to the demise of beneficial psychotherapy. If you have not felt the need for change and improvement at the intricate level of psychotherapy by now, you will become blatantly aware of its failure after reading about how traditional psychotherapy is practiced today.

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