



## Relationship Transformation: Have Your Cake and Eat It Too

*Jerry Duberstein, Mary Ellen Goggin*

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**Relationship Transformation** is a direct path to the most important discovery you can make: a **new view of relationship** as a **bond** between two people who are **free, whole, and connected**. **Mining the gold** from Dr. **Jerry Duberstein's forty years as a therapist**, Jerry and Mary Ellen Goggin show readers **how to honor their separate selves** while **building joyful lifelong relationships**. With clear instruction, **case studies**, and guided reflections, the authors help you understand **how you got where you are now** and **what you can do to strengthen** your relationship. You get **front-row access** to the **interior lives of couples**—their pain and struggle, their conflicting emotions and desires, and their courage to work things out. **Step by step**, **Relationship Transformation** shows you how to gain awareness of **what drives you**, what holds you back, and gives you **life-long tools** to help you **re-envision your relationship** and move forward to **fulfilling and lasting love**.

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