



## Voiceless Cry: Panic and Anxiety

*Rose Lamatt*

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Rose Lamatt married her childhood sweetheart at age twenty, thinking it would cure her fears of insecurity and panic attacks. Instead, her panic attacks became agoraphobia. Afraid to leave the house she became a recluse, alone, encapsulated in a bubble of fear, while her husband's business and children grew. Rose led a life unconnected, alone, until someone entered her small world and taught her to live. What happened next was something she never expected. In a blink her whole life changed. Was it for the better? You be the judge. Reviews "As someone who has to deal with daily panic attacks and agoraphobia, this book puts into words things I have not been able. I have recommended it to family members so perhaps they can better understand what I live through" ..... Amazon customer "Very good book, kept me interested all the way through, didn't want to put the book down, now on to the next one." Jeane E. Bellows

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