



Think Rugby: A Guide to Purposeful Team Play

Jim Greenwood

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Written by one of Rugby Union's most respected coaches and thinkers, this book has guided and inspired players throughout the world since the mid-1980s. It is written in a clear and easily-read style. This systems book aims to get both coach and player working more productively, through practical advice on keeping sessions fresh and purposeful; tried and tested methods of improving tactical decision-making to enhance whole-team possession; and focusing on dynamic attack in the forwards and effective positioning in the backs.



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