



The Empathic Healer: An Endangered Species? (Practical Resources for the Mental Health Professional)

Michael J. Bennett

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Empathy has long been regarded as central to the art of medicine and especially to the practice of psychotherapy. The ability of a therapist to appreciate the patient's state of mind and frame of reference is the foundation of a therapeutic alliance and key to the process of healing. However, these subjective aspects of practice are rendered suspect by today's emphasis on objectivity: formal diagnosis, with biological treatments, and standardized methodologies that appear to be aimed more at disease than at the person who suffers from it. Pressured by the practice climate and by the advances of science, practitioners have become treatment specialists and the empathic healer has become an endangered species.

In this book, the author establishes a new foundation for the use and value of clinical empathy that is based on a distinction between treatment and healing and a model for using psychotherapy as a component of an organized system of care: focused, attuned to the patient's presenting motive, and consistent with our understanding of the relationship between mind and brain.

Practicing mental health professionals and students find the rationale for assessment and treatment planning in **The Empathic Healer** an invaluable aide as they seek to adapt to the marvelous discoveries about how the brain shapes and recovers from mental disorder, and how an empathic environment fosters recovery and healing within and beyond the treatment setting.

Key Features

- * Establishes the historical roots of the concept of clinical empathy and its relationship to healing
- * Elaborates the ideological and environmental factors that enhance or interfere with empathy
- * Explores the biological importance of empathy as a feature of the normal human brain
- * Argues for the integration of mind and brain in a new dualism
- * Presents a vision of psychotherapy as an important component of an organized system of care
- * Differentiates between the treating and healing functions, and suggests how each relies on empathy
- * Suggests how an endangered species may be preserved in the present technological era

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The Empathic Healer: An Endangered Species? (Practical Resources for the Mental Health Professional) can be one of your starter books that are good idea. Most of us recommend that straight away because this reserve has good vocabulary that can increase your knowledge in vocabulary, easy to understand, bit entertaining but nonetheless delivering the information. The writer giving his/her effort to put every word into delight arrangement in writing The Empathic Healer: An Endangered Species? (Practical Resources for the Mental Health Professional) however doesn't forget the main point, giving the reader the hottest and based confirm resource facts that maybe you can be considered one of it. This great information can certainly drawn you into new stage of crucial imagining.

William McCoy:

This The Empathic Healer: An Endangered Species? (Practical Resources for the Mental Health Professional) is great book for you because the content and that is full of information for you who else always deal with world and possess to make decision every minute. That book reveal it details accurately using great organize word or we can declare no rambling sentences inside it. So if you are read that hurriedly you can have whole data in it. Doesn't mean it only gives you straight forward sentences but difficult core information with splendid delivering sentences. Having The Empathic Healer: An Endangered Species? (Practical Resources for the Mental Health Professional) in your hand like keeping the world in your arm,

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