



# Womb Mates: A Modern Guide to Fertility and Twinning

*Gary D. Steinman and Christina Verni*

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This book is truly an up-to-the-minute review of the fertility factors that contribute to a couple's chance of having twins, containing information that has only just come to light as recently as six weeks ago. Here is a sampling of the many factors that contribute to twinning discussed in Womb Mates: Age Diet Family history Fertility treatment Height Race Sperm quality And more! Womb Mates takes a straightforward yet sincere look at a serious topic. My co-author and I present the latest research in a consumer-friendly format, taking great care to have used technical terminology only where necessary and with ample explanation. This is a book that especially will help inform the 10 million couples in the United States with infertility who may be contemplating fertility treatment, as twins and higher-order multiple pregnancies are well known to be an unintended and potentially dangerous side effect. With its thorough and easy-to-understand explanations of how and why twinning occurs, it will also appeal to the millions of couples who already have twins and high-order multiples. And still yet, Womb Mates will attract the masses with its twin trivia, addressing little-known facts about twinning such as half-identical twins, the disappearing twin, the two-father twin pregnancy, boy-girl identical twins, and more!



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