



# **Treatments that Work with Children: Empirically Supported Strategies for Managing Childhood Problems**

*Edward R. Christopherson and Susan Mortweet Vanscoyoc*

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## **Treatments that Work with Children: Empirically Supported Strategies for Managing Childhood Problems** Edward R. Christopherson and Susan Mortweet Vanscoyoc

This book helps busy clinicians and trainees make informed choices about which interventions have the best record of success with the childhood mental health or medical problem they are treating. Eight comprehensive chapters cover the most common behavioral disorders in children, including disruptive behavior, anxiety and depression, habit disorders, sleep disorders, encopresis, nocturnal enuresis, the treatment of pain, and adherence to medical regimens. Clinicians will appreciate the authors balanced mix of clinical wisdom and research evidence, as well as the educational summaries for families.



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